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Original paper

Calculating the target exposure index using a deep convolutional neural network and a rule base

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ABSTRACT

Purpose: The objective of this study is to determine the quality of chest X-ray images using a deep convolutional neural network (DCNN) and a rule base without performing any visual assessment. A method is proposed for determining the minimum diagnosable exposure index (EI) and the target exposure index (EIt).

Methods: The proposed method involves transfer learning to assess the lung fields, mediastinum, and spine using GoogLeNet, which is a type of DCNN that has been trained using conventional images. Three detectors were created, and the image quality of local regions was rated. Subsequently, the results were used to determine the overall quality of chest X-ray images using a rule-based technique that was in turn based on expert assessment. The minimum EI required for diagnosis was calculated based on the distribution of the EI values, which were classified as either suitable or non-suitable and then used to ascertain the EIt.

Results: The accuracy rate using the DCNN and the rule base was 81%. The minimum EI required for diagnosis was 230, and the EIt was 288.

Conclusion: The results indicated that the proposed method using the DCNN and the rule base could discriminate different image qualities without any visual assessment; moreover, it could determine both the minimum EI required for diagnosis and the EIt.

1. Introduction

Chest X-ray imaging costs less and exposes the patient to lower radiation doses than computed tomography and allows an assessment of a general view of the chest. For these reasons, it is the most frequently used imaging modality and the main diagnostic method for pulmonary diseases. However, although patients are exposed only to relatively low radiation doses when a chest X-ray examination is performed, the frequent use of the method can lead to large collective doses [1]. Teeuwisse et al. reported that chest X-rays account for approximately one third of all diagnostic X-rays and that their estimated contribution to a patient's collective dose is approximately 18% [2]. Similar figures have been reported in other Western European countries [3,4].

The optimum X-ray dose for ensuring the required image quality has been extensively discussed in radiology. In particular, since the introduction of computed radiography in 1983, detector-absorbed doses

have been increasing [5]. This has led to an increase in image noise owing to insufficient exposure. Thus, to avoid a decrease in diagnostic ability, radiological technologists tend to increase the detector dose to a level that exceeds the required detector dose. This accounts for the exposure creep that have been reported [6]. Nevertheless, unlike film systems, computed radiography and flat-panel detector systems allow image processing, and thus the optimum detector dose cannot be determined from the intensity of the X-ray images.

To address these problems, the American Association of Physicists in Medicine (AAPM) and the International Electrotechnical Commission (IEC) have proposed the following indices: exposure index (EI), which is the estimated absorption amount that reaches the detector, target exposure index (EIt), which is the target EI value determined for each imaging site, and deviation index (DI), which is ten times the value derived by dividing EI by EIt [6,7]. The DI is used to determine whether the facility uses the optimum detector dose to obtain X-ray images, and detector dose management based on the DI has been proved effective

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[8]; in a previous study, we developed a software package that calculates the mAs values based on the DI of past images [9], and we demonstrated its effectiveness. However, as the DI depends on the EI, the detector dose and the required image quality must be considered when the EI is set. Peters et al. emphasized the necessity of establishing the optimum exposure indices for clinicians rather than simply following manufacturers' guidelines [10].

A large number of studies have verified the correlation between dose and image quality [11,12]. In particular, the quality of an image is determined by its physical characteristics and by visual assessment. However, physical characteristics such as the detective quantum efficiency [13,14] and image contrast [15,16] are still difficult to apply to clinical images, as the anatomical background has not been considered [1]. Moreover, analytical visual assessment methods, such as receiver operating characteristic curve analysis and visual grading characteristics analysis [17–24], are time-consuming and require advanced medical knowledge. Accordingly, they cannot be applied to large numbers of clinical images. Cohen et al reported that the mean value of the EI obtained from images stored in a picture archiving and communication system (PACS) was used to determine the EI [25].

In this regard, Yuan et al. developed an image-based technique to assess the subjective quality of chest X-ray images [26], and it was demonstrated that physical qualities were correlated with expert assessment [26,27]. However, this quality assessment requires a comprehensive approach that considers anatomical structures such as the lung fields and the mediastinum, and the correlation between the results by the algorithm and the observed results may be quite complicated [28].

Recently, a computer-assisted detection/diagnosis system using deep convolutional neural networks (DCNNs) was developed for medical applications. This system has exhibited remarkable performance in natural image recognition [29–32]. Esses et al. reported that automatic image quality assessment could be performed on T2-weighted MRI images using a deep-learning architecture [33]. DCNNs are highly effective in analyzing classification problems using supervised images. However, to our knowledge, no studies have applied DCNNs to assess chest X-ray image quality or determine the EI.

In the present study, we assessed the quality of chest X-ray images using a DCNN and a rule-based technique. The lowest detector dose required for diagnosis was defined as “minimum EI value”. We attempted to determine the minimum EI value required for diagnosis and the EI using rating results.

2. Methods

2.1. Overview of the proposed method

Fig. 1 shows an overview of the proposed method. The structures were manually segmented in the images. Using GoogLeNet, which was trained on general images, we created three classifiers by performing transfer learning of the lung fields, mediastinum, and spine. Subsequently, we rated the image quality in each region, and we used the results to determine the overall quality of the chest X-rays by applying a rule-based technique, in which the rules were based on expert assessment of the final image. The EI value distributions of the chest X-ray images were classified as either appropriate or inappropriate, and these values were used to determine the minimum EI value necessary for diagnosis and then the EI.

2.2. Dataset

The present study was conducted after the approval of the Institutional Review Board of the University of Occupational and Environmental Health was granted. The study involved 2000 chest X-ray images: 1174 from males and 826 from females (Table 1). All patients were imaged at the Hospital of the University of Occupational

and Environmental Health using the FPD System AeroDR1717HQ (Konica Minolta Inc., Tokyo, Japan), and all images were processed using the CS-7 diagnostic imaging workstation (Konica Minolta Inc., Tokyo, Japan). The imaging parameters were as follows: source–image distance, 200 cm; 100 kV; and Cu, 0.1 mm. For all images, an automatic exposure control was used. All X-ray images were of healthy patients without pulmonary disease. Of the 2000 chest X-rays, 300 were used for DCNN training, and 1700 were used to assess the proposed method for determining the EI. DCNN training was performed using trimmed images in which region-of-interest (ROI) of 20×20 pixels were randomly set at locations in the right lung fields, mediastinum, and spine. There were 1500 ROI images of the lung field and mediastinum and 3000 ROI images of the spine. In particular, the discrimination results for the spine largely depend on the location of the ROI and the body thickness of the patient; thus, setting two ROI locations increased the available training data and improved accuracy. DCNN learning requires an excessively large number of training data. However, it is difficult to collect sufficient data from medical images. In this study, to prevent overlearning due to the lack of data numbers, we performed data augmentation to increase the learning data [34]. The data augmentation used was image rotation using affine transformation. The rotation angle θ was set to +2 degrees and –2 degrees upon confirming the anatomical structure. We augmented the data thrice. In the final training, there were 4500 ROI images of the lung field and mediastinum and 9000 ROI images of the spine. The supervision levels of the ROI images were rating-classified by experienced a chest radiologist with 14 years of experience using the European Guidelines on Quality Criteria for Diagnostic Radiographic Images [35–37] (Table 2, Fig. 2).

2.3. DCNN learning

We independently trained three DCNN architectures for classifying the image quality of the lung, mediastinum, and spine on chest radiography. The image quality was classified into four classes (Table 2) by each DCNN. DCNNs with a high generalization ability require large training samples, which is difficult to collect from medical images, resulting in degradation of the DCNN performance. Transfer learning is a method of diverting the DCNN model of one task to another task [38]. Models with a high generalization ability can be obtained even with small datasets by using transfer learning. As the network to be transferred, we used the Google Net [39] of the winning team in ILSVRC 2014, which had pre-learned using ImageNet [40]. The GoogLeNet consists of a total of 22 layers that incorporate the 1×1 convolution, global average pooling, and Inception module technologies in addition to the convolution and pooling layers (Table 3). The last fully connected layer was replaced with a fully connected layer consisting of four units corresponding to the classes shown in Table 2. The output values of this DCNN were the occurrence probabilities of the four classes, and the maximum output value was used as the classification result. Three DCNNs used in this study were pre-learned using 1.2 million common images and then fine-tuned on the lung, mediastinal, and spinal images, respectively. Fine-tuning of three DCNNs were performed using 4500, 4500, and 9000 ROI images of the lung, mediastinum, and spine on chest radiography, respectively (Table 4). DCNN training was performed in MATLAB R2018b (MathWorks Inc., Natick, Mass., USA) using a stochastic gradient descent and the following parameters: training rate, 0.0001; maximum number of epochs, 100; batch size, 32; momentum, 0.9; and dropout rate, 0.5.

2.4. Creation of the rule base

The overall quality of the images was determined using a rule-based technique that employed the rating results obtained from the DCNN created using chest X-ray images according to Method 2.3. Fig. 3 shows an overview of the rule base, which was created by experienced a chest radiologist with 15 years of experience using an image confirmation

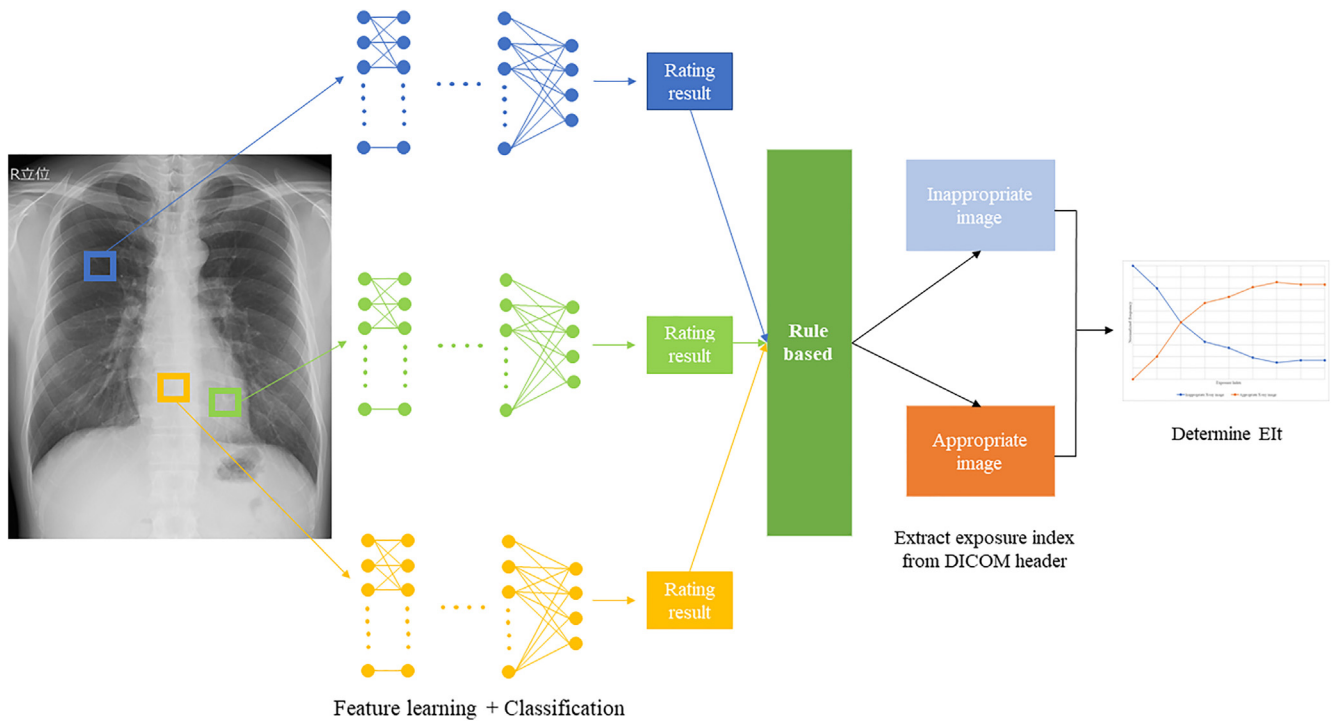


Fig. 1. Overview of EIt calculation using the proposed method. Images were input into a DCNN created using lung fields, mediastinum, and spine images. Ratings were then obtained and used to differentiate appropriate and inappropriate images using a rule-based method. The EI was extracted from the DICOM tags of the images whose quality had been rated, and this was used to determine the minimum EI value required for diagnosis and then the EIt.

Table 1
Patients informations.

	Range	Mean	Standard deviation
Age	21–92	67.7	13.6
Height (cm)	131–196	159.8	9.4
Weight (kg)	24.9–125.4	56.2	12.1
Exposure Index	99–872	229.7	51.5

Table 2
Rating classifications.

Appearance of target structure	Rating score (Grade)
Indiscernible	1
Unclear	2
Clear	3
Sufficiently appropriate	4

procedure. The rules were created by considering the effects of various elements such as patient body thickness. First, the expert determined whether blood vessel shadows in the lung fields could be seen; then, a final assessment of the image quality was provided based on the spine and blood vessels in the mediastinum, considering elements such as patient body thickness. The cutoff scores for the final appropriate images were as follows: A score of at least 3 was assigned to the rating results for the lung field rule base, a score of at least 2 was assigned to the rating results for the mediastinum, and a score of at least 3 was assigned to the rating results for the spine.

2.5. Discrimination capability of the proposed method

The discrimination capability of the proposed method was investigated using 459 chest X-ray images out of a total of 1700 that were not used in DCNN learning, and by comparing the visual assessment obtained by two experts (each of whom had at least 14 years of

experience) that were not involved in Method 2.2 with that obtained through the proposed method. The visual assessments were conducted in accordance with the European Guidelines on Quality Criteria for Diagnostic Radiographic Images. We calculated the accuracy rate, sensitivity, and specificity of the proposed method as follows:

$$Accuracy = \frac{TP + TN}{TP + TN + FP + FN} \tag{1}$$

$$Sensitivity = \frac{TP}{TP + FN} \tag{2}$$

$$Specificity = \frac{TN}{TN + FP} \tag{3}$$

where the term “TP” is the number of true positives, the term “TN” is the number of true negatives, the term “FP” is the number of false positives, the term “FN” is the number of false negatives.

2.6. Method for determining EIt

Using the DCNN created from the 1700 chest X-ray images that were not used in DCNN learning and the rule base, we differentiated between appropriate and inappropriate images. Subsequently, using Eqs. (4) and (5), we calculated the correlation between the EI value and the number of normalized appropriate and inappropriate images obtained using that value.

$$Ratio\ of\ appropriate\ images_{EI_i} = \frac{\sum appropriate\ images_{EI_i}}{\sum Total\ number_{EI_i}} \tag{4}$$

$$Ratio\ of\ inappropriate\ images_{EI_i} = \frac{\sum inappropriate\ images_{EI_i}}{\sum Total\ number_{EI_i}} \tag{5}$$

where the term “*appropriate images_{EI_i}*” is the number of appropriate images obtained using an EI value of *i* that was divided by bin, the term “*inappropriate images_{EI_i}*” is the number of inappropriate images obtained using an EI value of *i* that was divided by bin, and the term “*Total number_{EI_i}*” is the total number of appropriate and inappropriate

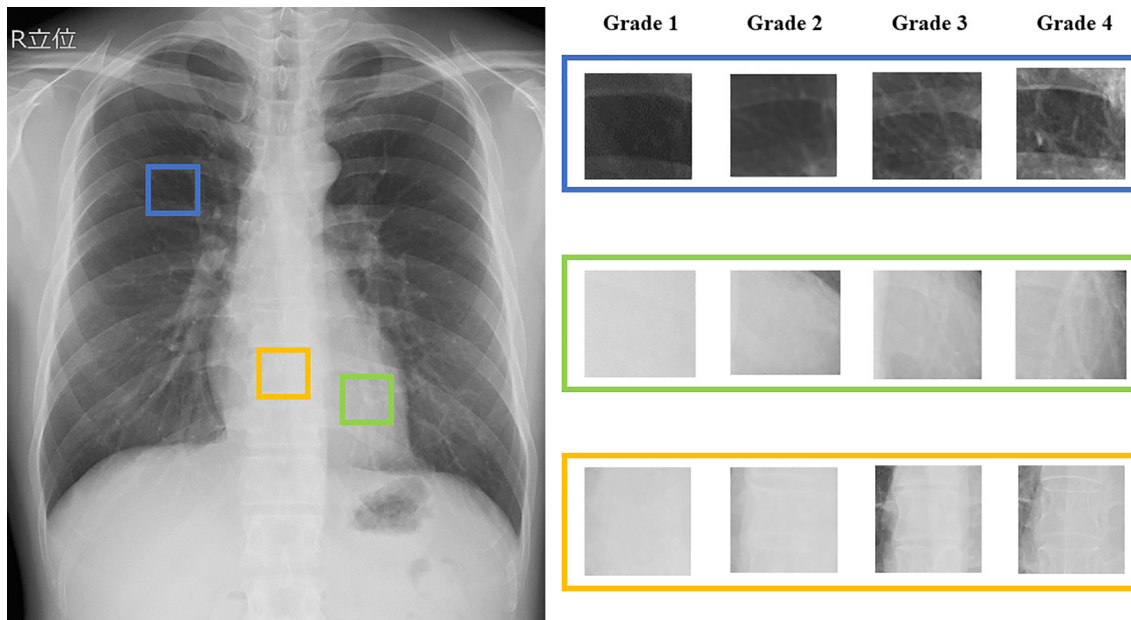


Fig. 2. Sample images of all rating grades Shown from the top are the rating results for the lung field, mediastinum, and spine. The image size is 20 × 20 pixels. As the number of rating results increases, the method can more clearly differentiate target structures.

Table 3
Details of the model.

Layer	Patch size	Stride	Depth	Output size
Convolution	7 × 7	2	1	112 × 112 × 64
Max pool	3 × 3	2	0	56 × 56 × 64
Convolution	3 × 3	1	2	56 × 56 × 192
Max pool	3 × 3	2	0	28 × 28 × 192
Inception(3a)			2	28 × 28 × 256
Inception(3b)			2	28 × 28 × 480
Max pool	3 × 3	2	0	14 × 14 × 480
Inception(4a)			2	14 × 14 × 512
Inception(4b)			2	14 × 14 × 512
Inception(4c)			2	14 × 14 × 512
Inception(4d)			2	14 × 14 × 528
Inception(4e)			2	14 × 14 × 832
Max pool	3 × 3	2	0	7 × 7 × 832
Inception(5a)			2	7 × 7 × 832
Inception(5b)			2	7 × 7 × 1024
Avg pool	7 × 7	1	0	1 × 1 × 1024
Dropout			0	1 × 1 × 1024
Linear			1	1 × 1 × 1000
Softmax			0	1 × 1 × 4

Table 4
Training image dataset.

	Rating 1	Rating 2	Rating 3	Rating 4
Lung fields	199	1467	1889	945
Mediastinum	485	948	1688	1379
Spine	1831	3283	2399	1487

images obtained using an EI value if i that was divided by bin.

In the IEC62494-1 report [7], the International Electrotechnical Commission indicated that EI includes an error of under 20%. Therefore, we calculated EI_t using the equation given below.

$$EI_t = \frac{1}{0.8} \times Point_{is} \tag{6}$$

where the $Point_{is}$ is the intersection of the ratio of the appropriate and inappropriate images.

3. Results

3.1. Ability of the proposed method to distinguish appropriate images

The proposed method had an accuracy rate of 81% (370/459), a sensitivity of 75%, and a specificity of 98% (Table 5).

3.2. Setting the EI_t

Table 6 shows both the EI values and the number of images determined to be appropriate or inappropriate using the DCNN and the created rule base.

Fig. 4 shows the correlation between the EI value and the number of appropriate and inappropriate images normalized for each value. The ratio of the appropriate and inappropriate images intersected at an EI value of 230, and the calculated EI_t was 288.

4. Discussion

In the present study, we proposed a method for discriminating appropriate images using a DCNN and rule base. The proposed method had an accuracy of 81%. In particular, the results indicated that the rule base used in this study had high accuracy in reproducing expert assessments of the image quality. In a previous study that made automatic image assessments using deep learning architecture, Esses et al. reported a concordance of approximately 76% between the expert and the algorithm, indicating that the technique was useful [33]. The proposed method had an accuracy rate comparable with that reported by Esses et al. Although the accuracy of the DCNN and the rule base should be further improved, both had a high degree of specificity and were well able to discriminate inappropriate images. Thus, we consider the proposed method highly effective, as it allows the assessment of several thousands of images. This has been impractical with experts. In the future, learning that uses a wide variety of images as well as automation of the fields to be discriminated may allow real-time image quality assessment after imaging is completed. The proposed method might be used for quality assurance (QA) purposes, such as inter-vendor comparisons and collaborative multi-country efforts [41]. In order to use the proposed method for QA purposes, it is necessary to teach DCNN using a large number of images obtained from multiple vendors as the

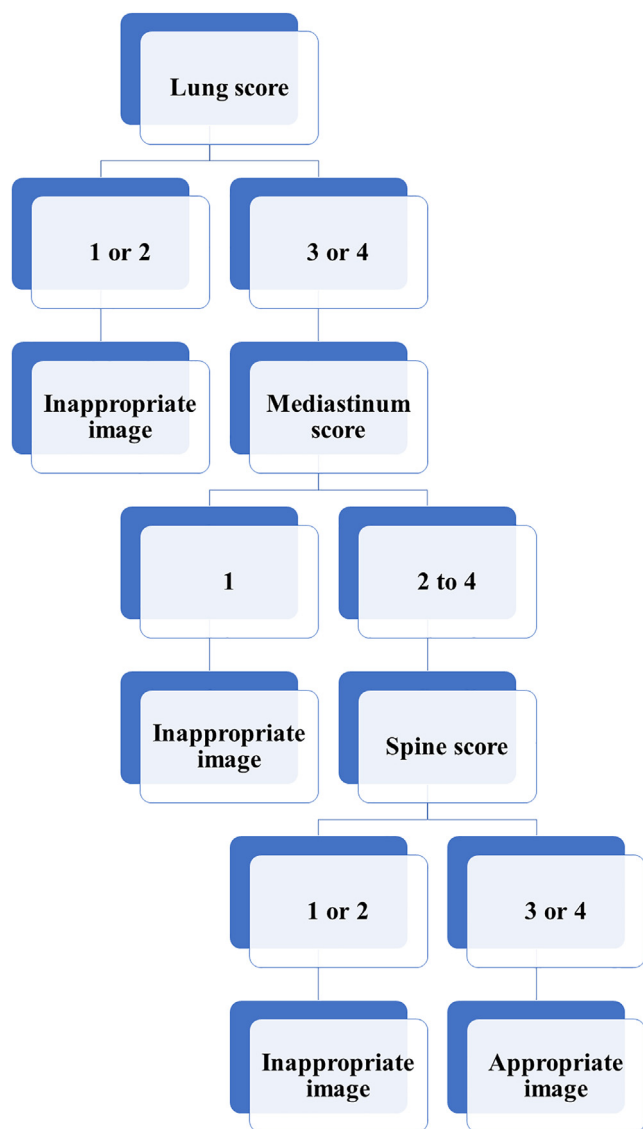


Fig. 3. Rule base used to determine the rating results. The rule base was created that would reproduce the image confirmation procedure used by the expert. The mediastinum rule base considers the effect of patient body thickness.

Table 5
Concordance between expert and proposed method in chest X-ray images.

		Proposed method		
		Appropriate image	Inappropriate image	Total
Expert	Appropriate images	255	87	342
	Inappropriate images	2	115	117
	Total	257	202	

Table 6
Number of images determined to be appropriate or inappropriate and their EI values.

	Number of images	Exposure Index		
		Range	Mean	Standard deviation
Appropriate images	868	147–872	259	54
Inappropriate images	832	121–514	223	46
Total images	1700	121–872	242	53

training data.

The ultimate objective of the present study was to use the DCNN and the rule base to determine the EI and minimum EI values required for diagnosis. In setting the appropriate EI value, we recommend using images whose quality has been confirmed through visual assessment, which is therefore a necessity. Seeram reported a method to establish the optimum EI value through the test and reference doses (different levels of exposure settings) evaluated on an anthropomorphic phantom [42]. However, phantoms cannot be used to assess different human body types and normal structures [43]. Accordingly, results obtained using phantom images may not be directly applicable to clinical images. The EI can also be determined using clinical images, but clinical databases contain a complicated array of data involving both standard and non-standard body types. Therefore, to ensure accurate results, a large number of images is required. However, it is impractical to assess several thousands of clinical images visually, and therefore numerous facilities still prefer to use images in PACS for calculating the EI rather than perform visual assessments. In the present study, a radiologist conducted visual assessment of images with an EI value of approximately 240, which was the mean EI of the 1700 images. They commented that this was not appropriate for use as a target value. Indeed, when the EI is determined without assessment of the image quality, the result includes the EI values of inappropriate images. Thus, an inappropriate value may be set.

This process could be standardized using image quality results obtained from the dose irradiated into the detector. However, digital imaging systems cannot determine whether this dose is appropriate based on image density. For this reason, in the present study, we calculated the minimum EI value required for a diagnosis based on the DCNN and the rule base at the point of intersection (cutoff value) between the appropriate and inappropriate images. We then set the EI with a 20% margin. When the radiologist conducted the visual assessments, the EI value that allowed diagnosis was set to at least 270 for both the lung fields and the mediastinum. Although images with an EI value of 250 were still usable for lung field diagnosis, there were more images in which mediastinum diagnosis was impossible. Accordingly, the proposed method may provide an alternative to the visual assessment performed by a radiologist. In particular, as several thousands of images can be analyzed using the DCNN and rule base, accuracy may be ensured, even in institutions with complicated databases. Therefore, the proposed method can be used to determine the EI from clinical images, thus overcoming the difficulty of using phantoms. However, the radiologist should define the final EI with reference to the EI calculated by DCNN, even if the proposed method could evaluate the image quality for several thousands of images without visual assessment.

In the present study, we set the EI to an EI value with an upper region margin of 20%. Further studies should be conducted on other methods. For example, 1SD and 2SD can be used as the optimal detector dose range. It is conceivable that high accuracy can be achieved using small numbers of images if the EI is determined from a database that contains only standard body types. Accuracy should be improved through learning that uses both a wide variety of image data and DCNN architectures with even higher discrimination ability.

5. Conclusion

In the present study, the discrimination results obtained using the proposed method based on a DCNN and a rule base exhibited good concordance with human perception; moreover, this method can extract the appropriate images without visual assessment. The findings indicate that the method can discriminate between appropriate and inappropriate PACS images—which was previously impractical—and determine both the minimum EI required for diagnosis and the EI.

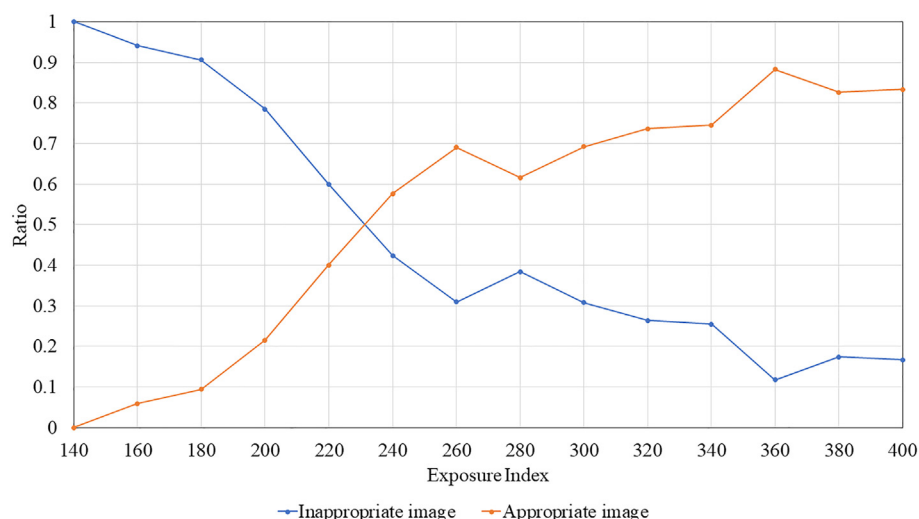


Fig. 4. Correlation between EI value and the number of appropriate and inappropriate images normalized for each value. As the EI value increases, the number of inappropriate images decreases, and the number of appropriate images increases. The EI value at which the appropriate and inappropriate images intersected was 230.

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Declaration of Competing Interest

None.

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